

Please arrive early enough (at least 1/2 hr) to get dressed and to allow the Coaches enough time to prepare the players for the game. Remember to call your Coach if you know you will miss any games.



Team	Head Coach	Phone	Assistant Coach	Phone
East Coast Knights	Neil Ryan	519 870-7125	John Innes	519-649-8150

Schedule

Date	Time	Away Team	Home Team	Comments
January 4, 2025	9:00 AM	East Coast Knights	Surkut Machine Tech	
January 11, 2025	9:00 AM	C.H.A.M.P.S.	East Coast Knights	
January 18, 2025	8:30 AM	East Coast Knights	Winston & Assoc.	
January 25, 2025	9:00 AM	East Coast Knights	Sports 1 Photo	
February 1, 2025	9:00 AM	Home Hardware	East Coast Knights	
February 8, 2025	9:00 AM	East Coast Knights	Surkut Machine Tech	
February 15, 2025	11:00 AM	C.H.A.M.P.S.	East Coast Knights	
February 22, 2025	11:00 AM	East Coast Knights	Winston & Assoc.	
March 1, 2025	9:00 AM	Sports 1 Photo	East Coast Knights	Silent Auction at Marconi Club tonite
March 8, 2025	11:00 AM	East Coast Knights	Home Hardware	
March 15, 2025	9:00 AM	C.H.A.M.P.S.	East Coast Knights	
March 22, 2025		NO GAMES TODAY		
March 29, 2025		T.B.D.	T.B.D.	

Banquet and Awards Day - date and location to be announced