

## KIWANIS/QUENCH ESSENTIALS



TEAM	HEAD COACH	PHONE NUMBER	Assistant coach	phone
Kiwanis/Quench Essentials	Ian Paolin	705-465-5109	Tiffany Paolin	705-465-5108

Date	Start	AWAY TEAM	HOME TEAM		
October 18, 2025	11:30 AM	HOWARD-MCCULLOCH	KIWANIS/QUENCH ESSENTIALS		
October 25, 2025	12:30 PM	KIWANIS/QUENCH ESSENTIALS	WOF&GPA		
November 1, 2025	10:30 AM	KIWANIS/QUENCH ESSENTIALS	PREMIER/METRO TRUCK GROUP		
November 8, 2025	" ND HOCKEY "				
November 15, 2025	10:30 AM	J-AAR	KIWANIS/QUENCH ESSENTIALS		
November 22, 2025	10:30 AM	BWL BUSINESS SERVICES	KIWANIS/QUENCH ESSENTIALS		
November 29, 2025	10:30 AM	KIWANIS/QUENCH ESSENTIALS	HOWARD-MCCULLOCH		
December 6, 2025	11:30 AM	WOF&GPA	KIWANIS/QUENCH ESSENTIALS		
December 13, 2025 ANNUAL GBSA SKATE-A-THON - GAME TIMES TBD					
December 20, 2025	12:30 PM	KIWANIS/QUENCH ESSENTIALS	J-AAR		
December 27, 2025	11:30 AM	KIWANIS/QUENCH ESSENTIALS	BWL BUSINESS SERVICES		
January 3, 2026	11:30 AM	HOWARD-MCCULLOCH	KIWANIS/QUENCH ESSENTIALS		